

Meet our Therapists

Alexandra Hall, R.M.T

Alexandra Hall is a graduate of Sutherland Chan School & Teaching Clinic. Her experience involves a variety of clinic outreach programs including Women's College Hospital providing pre-natal and post-natal massage therapy treatment; working with breast cancer survivors post-lumpectomy and mastectomy to reduce scarring and encourage proper drainage; and provided treatment to reduce spasm and pain in patients with advanced multiple sclerosis. She has also worked with clients with various injuries including tendonitis, sprains, whiplash, and muscle strains.

Alicia Park R.M.T.

Alicia Park is a graduate of the massage therapy program at Centennial College, and has been a Registered Massage Therapist since 2002. She is experienced in a wide range of clientele, such as those involved in motor vehicle accidents, various types of sports injuries, post-surgery rehabilitations, and both pre-natal and post-natal women. She is proficient at treating back, neck, and shoulder pain, as well as tension headaches, and she enjoys helping people reduce their stress with a relaxation massage.