

2009-2010
Squash
program



A Message from the Head Professional

Welcome to Glenway Squash! This program guide is intended to provide you with all the information you need to know about the squash program at Glenway for the 2009/2010 season. In it you will find the information for existing squash programming as well as some exciting new options for this season.

As the Head Professional my goal is to provide everyone with an opportunity for quality programming through leagues, clinics and competitions throughout the season. Upon review of my first season at Glenway, I have made some minor alterations to the existing league structures to help maximize enjoyment and improve the transparency of player ratings.

I have established a club ranking system which will help to identify every player's position in the club and provide an easy method to find comparable games. It will also allow new members to our squash section to be integrated quickly and at the appropriate levels.

Member court use will be closely monitored this season. To do so, we have re-introduced a court booking terminal in the squash area. All members must show record of their court activity and are asked to book in before they walk-on to any open courts.

New this season is a Tuesday and Thursday evening Women's League which has been formed to help increase the participation of ladies within the club.

The Yendell Squash Academy is also expanding this fall to provide more weekday options for juniors along with the popular Saturday morning development program. The 'Hits n Giggles' class is now available during the week to allow parents an active option for their kids when they visit the club for fitness, squash, tennis or socializing.

Glenway continues its strong presence in the Toronto & District inter-club league. This season we will be represented by: Men's D, Men's E, Women's B, Women's D and Master's C teams.

Finally Glenway Country Club is excited to welcome some of Ontario's best squash players as we have been awarded the following tournaments:

Squash Ontario Junior Gold #2, December 6th – 8th
Ontario Men's & Women's Masters Open, March 26th – 28th

It is my pleasure to welcome you to the Glenway Country Club Squash section and I look forwards to a great season in 2009/2010.



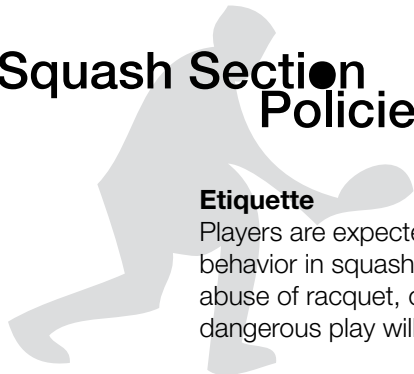
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Squash Section Policies



Etiquette

Players are expected to exhibit good conduct toward their opponent. Offensive, disruptive or intimidating behavior in squash is not acceptable. Behavior such as audible and visible obscenities, verbal outbursts, abuse of racquet, court or ball, unnecessary physical contact, excessive racquet swing and deliberate dangerous play will not be tolerated.

Squash Lounge

The Squash Lounge provides a comfortable area for squash members to socialize after their match. This licensed lounge allows players are able to order food/drinks from the Centre Court bar by using the courtside phone located behind court 5.

Eye Guards

All members and guests must wear approved eye protection when playing squash at all times.

Court Bookings

Squash courts first become available for advanced bookings to members with prepaid squash membership privileges, 6 days in advance either in person, by dialing 905-853-5590 ext. 0 from 6:00am to 10:00pm weekdays & 7:00am to 8:00pm on weekends & holidays, or online at www.glenwaycountryclub.com follow squash prompts or at www.bookit.i2.ca/gcc/login.php. From Monday to Friday the first court time starts at 6:00am and the final booking time is 10:00pm. On weekends the first court time starts at 6:20am & the final booking time is 7:00pm.

Court Cancellation

\$5.00 per person no-show fines will be levied against all members (including league players) and their guests, for unused courts that were advanced booked.

Guest Fees

Non-squash members and guests booked on courts in advance, even when playing with prepaid members, will be billed for their court and/or guest fees at the time the court booking is made - whether by phone or in person. The full names of all members playing will be required at the time of booking.

DAY OF THE WEEK	TIME	NON-SQUASH MEMBERS	GUEST OF MEMBER
WEEKDAY	6:20am - 4:40pm	\$5.00	\$15.00
	4:40pm - 9:40pm	\$10.00	\$15.00
	9:40pm - close	\$5.00	\$15.00
WEEKENDS & HOLIDAYS	6:20am - 4:40pm	\$5.00	\$15.00
	4:40pm - 9:40pm	\$10.00	\$15.00
	9:40pm - close	\$5.00	\$15.00

Equipment Rentals

Rental racquets and eyewear are available to rent at the front desk at a charge of \$5 each. Racquets or eye guards not returned or broken will be charged to the member's account.

Member Information

It is very important that we have your most up-to-date email address and contact information on file for general information purposes as well as league and ladder play. Please take a moment to review your contact information on the GameTime system or notify the Squash Professional of your latest contact information.



Membership Categories & Privileges

Category	Primary Adult	Spouse	Intermediate	Junior Teen	Junior Pre-Teen	Junior Child
Clubhouse	\$77.00	\$60.00	\$36.00	\$28.00	\$19.00	\$19.00
Squash	\$94.00	\$74.00	\$48.00	\$32.00	\$22.00	N/C
Difference	\$17.00	\$14.00	\$12.00	\$4.00	\$3.00	N/C

All Squash Memberships include complimentary access to fitness.

Same Sport Discounts

Intermediate and junior members receive an additional 10% discount if one parent is pre-paid in squash.

Multi-Child Discounts

Families with two intermediate and/or junior members receive a 5% discount on both their children's dues. Families with 3 or more intermediate and/or junior members receive a 10% discount on all their children's dues.

Adult Squash Member

- Access to GameTime online court booking system
- 6 day advance booking privileges through GameTime
- Eligible for all squash club events and league programming



Intermediate Squash Member

- Access to GameTime online court booking system
- 6 day advance booking privileges through GameTime
- Eligible for all squash club events and league programming

Junior Squash Member (Teen 13 – 18, Pre-Teen 8 – 12)

- 3 day advance booking privileges through GameTime
- Eligible for all junior club programming and round robins

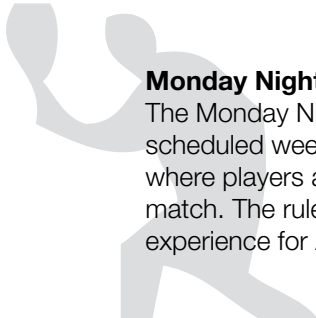
Junior Child Member (Under 8)

- No booking privileges through GameTime
- Must be accompanied by a parent or guardian at all times

Non-Squash Members

- 3 day advance booking privileges through Front Desk or Squash Professional
- Subject to applicable court fee charge
- Not eligible for squash club events or league programming
- Players must check in with the front desk or Squash Professional

Leagues



Monday Night House League - \$25 Per Session (Includes league social)

The Monday Night House League is designed to engage members in friendly competition by providing a scheduled weekly match versus a player of an equal level. MNHL promotes a friendly and social atmosphere where players are encouraged to socialize and interact with the other members at the conclusion of each match. The rules outlined below are meant to maintain the integrity of the MNHL and provide the best experience for ALL players.

League	League Dates	Holidays	Sign-up Date Posted	Sign-up Closing Date
Fall Session (12 weeks)	Sept. 21 - Dec. 14	Thanksgiving (Oct. 12)	Aug. 3	Sept. 7
Winter Session (12 weeks)	Jan. 5 - Apr. 6	Family Day (Feb. 16) March Break (Mar. 16)	Nov. 3	Dec. 21
Spring Session (11 weeks)	Apr. 13 - Jun. 14		Mar. 2	Mar. 30

Re-Scheduling Matches

The Monday Night House League is scheduled for MONDAY NIGHT. Players who have a reasonable conflict may contact their opponent in an attempt to reschedule their match during the week. Players who constantly reschedule their matches will be removed from the league.

Scores

It is each player's responsibility to enter the correct score into the score sheet after each match played. Players missing more than two matches on their respective score sheet will be warned and with a 3rd missing score will be removed from the league.

No Shows

If your opponent does not show up for your regularly scheduled match you are to mark the score 3-0 with 'NS' indicated for 'No Show' in your opponents score box. Players who accumulate two no shows will be removed from the league. No Shows are unacceptable!



Conduct

Players should be courteous at all times and refrain from swearing, screaming loudly or generally behaving in a manner which is disruptive to your opponent and the rest of the squash population. Players will be given a first warning about improper behavior and sequentially removed from the league if the behavior continues. The league is meant to be FUN!!!

Sponsorship Opportunities

Members who wish to promote their business are able to sponsor a house league, round robin or social event within the squash section. Please contact the Squash Professional for more information.

Leagues

Thursday Night League - \$25 Per Session (Includes league social)

The Thursday night league is a box ladder that provides regularly scheduled matches against other players in our squash program. Once all of the matches have been played within a box the winner of each individual box advances to the next level while the loser of each box is relegated one below. The following month there are two new matches and two re-matches in each group. The Thursday night league fee includes the player social.

Ladies Leagues \$25 Per Session (Includes league social)

New this season is the Tuesday evening Ladies Night. This program has been added to the existing Tuesday morning ladies league which allows for anyone to be involved in the program. Players are grouped by appropriate skill level and given an opportunity to play against others of equal ability. This is a non-competitive, social atmosphere with an emphasis on learning squash and improving clinics, drilling and game play.

Tuesday Evening Ladies League ****NEW****
Tuesday Morning Ladies League



****NEW****

Round Robins

Round robins provide an opportunity for players to meet new people and get matches with other members of the club. These are 'drop-in' sessions as members organize themselves into games with two or three players often playing together on a court.

Wednesday 7:20pm – 8:40pm
Saturday 3:00pm – 5:00pm
Sunday 8:00am – 10:00am



Toronto & District Leagues

The T&D leagues provide an opportunity for Glenway members to compete against players on teams from clubs throughout the GTA. Teams are selected based on level and require a commitment for the entire season which runs from October to April. Squads are typically composed of around 8 players with 5 competing on any given evening.

York Region Squash League **NEW******

Glenway is excited to announce the start of a new regional inter club league for the 2009/2010 season. The YRSL is a Friday night league designed specifically for clubs in our area. This provides a great opportunity for our core membership to participate in inter club competition with the goal of building the level of play within York Region as a whole. 4 player teams will play host and visit each of the other clubs with a social component to follow.

****NEW****

Junior Program Times



Glenway Country Club offers one of the fastest growing grass roots squash programs in Ontario. Squash is an early development sport for children and an excellent way for children to develop motor skills and hand-eye coordination.



Program	Day	Time	Group
Hits n Giggles (4 & 5 year olds) **NEW**	Monday	9:30am - 10:30am	Coed
Hits n Giggles (4 & 5 year olds) **NEW**	Wednesday	9:30am - 10:30am	Coed
Lil' Players – Bronze 1 (6-13 year olds)	Tuesday	6:00pm - 7:00pm	Coed
Lil' Players – Bronze 2 (8-13 year olds)	Tuesday	6:00pm - 7:00pm	Coed
Lil' Players – Silver 1 (9-13 year olds)	Thursday	4:40pm - 5:40pm	Coed
Lil' Players – Bronze 1 (6-13 year olds)	Saturday	10:00am - 11:00am	Beginner Boys
Lil' Players – Bronze 1 (6-13 year olds)	Saturday	10:00am - 11:00am	Beginner Girls
Lil' Players – Bronze 2 (8-13 year olds)	Saturday	11:00am - 12:00pm	Coed
High School (13–18 year olds)	Monday	4:40pm - 5:40pm	Coed



Junior Program Outlines

Hit's n Giggles (4 – 5 year olds)

This program is designed to develop strong motor skills as well as increased hand-eye coordination. It's a great way to have some FUN and introduce a young child to the game of squash. The times are conveniently matched with the popular morning group power classes so you can drop your child off while you get your workout!

Lil' Player Program (6 – 13 year olds)

This program focuses on basic skill development and provides an introduction to match play. The goal is to enable juniors to enter Squash Ontario sanctioned Bronze and Silver events.

High School (Teens)

This program is designed specifically for older recreational juniors who have minimal squash skills. Players will be trained to improve their technique, tactics and overall level of play. The goal is for these players to learn basic drills and acquire skills necessary for house league and tournament play.

The Yendell Academy

The Yendell Academy is for juniors who are serious about squash and aspire to compete in Squash Ontario sanctioned Silver, Gold and Provincial Championship events. Training sessions are designed to be more competitive and intensive to help push these players to the next level.

Junior Round Robin

This weekly round robin provides match play opportunity for junior program members. This is included as part of the Junior Program.

****NEW**** **Junior T&D Team **NEW****

New this season is Glenway's first Junior T&D team. The U13 team is composed of 4 players which must include at least one boy and one girl. The team will travel and host other junior teams from the Toronto & District area. Team matches are played on Sunday's and include a snack and social component for the players.

Squash Ontario Junior Bronze Events

Junior Bronze Events are designed specifically for grass-roots junior development and act as an introduction into competition for new players. It's a great way to meet and play against players from other clubs.

Adult Lessons

Take your game to the next level! There are a variety of lessons and programs for all ages and abilities. Please talk to the squash professional for more information and program dates.

Learn-to-play clinics

Private lessons, semi-private, group lessons

Intermediate and Advanced Clinics

Drills, routines, footwork, technique

Play the Pro

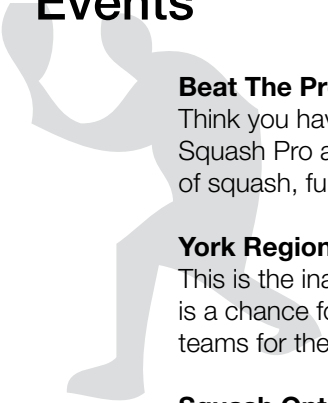
You think you've got what it takes?

Video Analysis

Match play, technique

Lesson	Rate
Private	\$40
Semi-Private	\$30
Group	\$20

Squash Events



Beat The Pro – September 30th

Think you have what it takes to beat a squash professional?? This is your chance to play against a Dunlop Squash Pro and try out some of the newest Dunlop racquets for the 2009/10 season. Come out for a night of squash, fun and giveaways.

York Region Squash League Kickoff Event – September 25th

This is the inaugural event of this newly formed regional inter club squash league. This opening night social is a chance for players to check out the competition and provides a last opportunity for clubs to enter their teams for the upcoming season.

Squash Ontario Junior Gold Tournament – November 6th – 8th, 2009

Once again Glenway has been awarded the rights to host Junior Gold #2. This is a core ranking event on the 2009/10 Ontario Junior Squash Circuit and an opportunity to come and watch the very best junior squash players in Ontario. The courts will be unavailable to the squash membership from 3:00pm on Friday until 3:00pm on Sunday.

Calcutta – November 13th & 14th ****Back By Popular Demand****

Back by popular demand this season is the Calcutta event. All participants are handicapped to provide each player and their financial backers with equal opportunity to win the tournament. The event consists of a Friday night player auction and social followed by the Saturday elimination tournament. This is an event you won't want to miss!

****NEW**** Member Guest Night – November 25th ****NEW****

Member Guest is an opportunity to bring in a friend or colleague who has expressed some interest in playing squash. It is an opportunity for us to showcase our club and provide information about squash at Glenway.

Woody's Cup – December 17th – 24th (excluding weekend) - \$30 Entry Fee

This popular annual member event named in honour of it's founder and squash member extraordinaire Graham Wood begins at 6:00am each day. Players are organized into a handicapped round-robin format. Cash prize for the winners and raffle prizes during the awards breakfast buffet on December 24th. Juice and treats will be available each morning, a great way to get fit for the Christmas festivities.

The Club Championships

February 8th – April 10th

The annual club championship is a must event for all Glenway Squash members and represents the climax of the squash season. Each year the membership battles it out for divisional supremacy along with the all important bragging rights! Categories include men's and women's A, B, C, D, E along with age categories 30+, 35+ 40+, 45+, 50+, 55+, 60+. Matches are scheduled over a 2 month period with all of the finals taking place on 'Finals Night' which symbolizes the traditional end of Glenway's competitive season.



Sign-up Posted	Sign-up Closed	Draws Posted	Finals Day
December 1 st	January 31 st	February 8 th	April 10 th

Ontario Men's & Women's Master's – March 26th – 28th, 2010

Glenway Country Club is proud to be selected as the host of the 2010 Ontario Men's and Women's Open Masters Championships. The club will welcome the very best Master's players competing in Men's and Women's 35+, 40+, 45+, 50+, 55+ & 60+ categories.

Advertising & Sponsorship

Sponsorship Opportunities

Throughout the season there are many opportunities for you to market your business or product and help support the Glenway squash program. This season we will be hosting a number of major tournaments which attract participants from all over Ontario. Sponsors receive recognition on all tournament information including the Squash Ontario website as well as being mailed to every member club in the province. Logos also appear on tournament souvenirs and t-shirts.

We also host regular visits from players participating in T&D matches and this seasons new York Region Squash League not to mention our regular club house league play and member guests. Sponsors can be recognized as team sponsors or on the league boards in the squash area. Talk to the club professional about any other ways you would like to promote your business to the squash membership and Glenway Country Club.

We need your support! These are a few options for you to consider for the 2009/2010 season.

Squash Tin Advertisements		
	Center	Side
Court 1	\$750	\$400
Court 4 & 5	\$500	\$250
Court 2 & 3	\$300	\$200

The Pro Shop



The squash pro shop is independently owned and operated by the Squash Professional. The Pro Shop carries all the latest racquet technologies, squash specific footwear and accessories.

This is your stop for expert advice on all the equipment you need to get started or to get your game to the next level! If you are looking for a specific shoe or frame that is not in stock special orders are always available.

Racquet restringing service is available with Ashaway and Tecnifibre products.

Check out some of the deals that are currently available in the Pro Shop:

Hi-tec 4: SYS

Suggested Retail: \$129

Sale Price: \$105



Asics Domain Ladies

Suggested Retail: \$140

Sale Price: \$119

Prince NFS III

Suggested Retail: \$109

Sale Price: \$90



Dunlop World Open

Suggested Retail \$230

Sale Price \$135

Dunlop Elite

Suggested Retail \$210

Sale Price \$125



Wilson K 115

Suggested Retail \$220

Sale Price \$150