

Join the fun!



CROSS TRAINING CHALLENGE

November 14 - December 1

**Workout on your own or with your teammates.
It all counts for points!**

Lots of special workouts & clinics! Play squash! Have fun & get fit for the festive season! Sign-up on the Fitness board and choose your team!

Cost: \$30+GST

***Includes:*
team t-shirt,
all special
events, prizes
& surprises!**

**Sign-up in Fitness before November 1st
and order your t-shirt size.**

